

Breakfast

Serving times 5.30 am - 11.30 am

Almond Croissant V 436Kcal Cinnamon Danish V 417Kcal French Butter Croissant with assorted Preserves and Butter V 394Kcal Artisan Roll with The Farmers Butchers Back Bacon 434Kcal Artisan Roll with Vegan Grilled Sausage Ve 361Kcal Artisan Roll with Vegan Grilled Sausage Ve 361Kcal Breakfast Wrap, Filled with Egg, Bacon, Sausage, Mushroom, and a Mature Cheese Slice 520Kcal All Day Breakfast Pizza with Slow Roasted Tomato Sauce, Mozzarella, Topped with Sausage, Bacon, Black Pudding, Mushroom and Egg 1016 Kcal The Farmers Butchers Sausage & Brookes Grilled Back Bacon, Lavistock Black Pudding, Hash Brown, Baked Beans, Local Farm Fresh Free-Range Egg cooked to your liking, Confit Isle of Wight Vine Cherry Tomatoes, Oven Roasted Mushrooms 1214Kcal 7.20 Full Vegan Ve Vegan Sausage, Tofu Scramble, Hash Brown, Confit Isle of Wight Vine Cherry Tomatoes, Oven roasted Mushrooms, Baked Beans 1002Kcal 14.50 Mini Breakfast Back Bacon, Pork Sausage, Baked Beans, Choose from cither Fried, Poached or Scrambled Egg 607Kcal £7.25 Cereal & Yoghurt Muesli 6f 367Kcal Country Farm Greek Natural Yogurt with a selection of Toasted Nuts, Seeds and Fruit V 255Kcal 3.60 Monne Plais Porridge Por Cl 232Keal	Selection of Pastries		Full English	
French Butter Croissant with assorted Preserves and Butter V 394Kcal Breakfast Rolls Artisan Roll with The Farmers Butchers Back Bacon 434Kcal Artisan Roll with Vegan Grilled Sausage Ve 361Kcal Breakfast Wrap, Filled with Egg, Bacon, Sausage, Mushroom, and a Mature Cheese Slice 520Kcal All Day Breakfast Pizza with Slow Roasted Tomato Sauce, Mozzarella, Topped with Sausage, Bacon, Black Pudding, Mushroom and Egg 1016 Kcal Free-Range Egg cooked to your liking, Confit Isle of Wight Vine Cherry Tomatoes, Oven Roasted Mushrooms 1214Kcal 14-50 Free-Range Egg cooked to your liking, Confit Isle of Wight Vine Cherry Tomatoes, Oven Roasted Mushrooms 1214Kcal 14-50 Free-Range Egg cooked to your liking, Confit Isle of Wight Vine Cherry Tomatoes, Oven Roasted Mushrooms 1214Kcal 14-50 Free-Range Egg cooked to your liking, Confit Isle of Wight Vine Cherry Tomatoes, Oven Roasted Mushrooms 1214Kcal 14-50 Free-Range Egg cooked to your liking, Confit Isle of Wight Vine Cherry Tomatoes, Oven Roasted Mushrooms 1214Kcal 14-50 Free-Range Egg cooked to your liking, Confit Isle of Wight Vine Cherry Tomatoes, Oven Roasted Mushrooms 1214Kcal 14-50 Free-Range Egg cooked to your liking, Confit Isle of Wight Vine Cherry Tomatoes, Oven Roasted Mushrooms 1214Kcal 14-50 Fruil Vegan Ve Vegan Sausage, Tofu Seramble, Hash Brown, Confit Isle of Wight Vine Cherry Tomatoes, Oven roasted Mushrooms, Baked Beans 1002Kcal I4-50 Mini Breakfast Back Bacon, Pork Sausage, Baked Beans, Choose from either Fried, Poached or Serambled Egg 607Kcal £7-25 Cereal & Yoghurt Muesli Gf 367Kcal Country Farm Greek Natural Yogurt with a selection of Toasted Nuts, Seeds and Fruit V 255Kcal 3.60	Almond Croissant V 436Kcal	3.00		
Preserves and Butter V 394Kcal Breakfast Rolls Artisan Roll with The Farmers Butchers Sausage 460Kcal Artisan Roll with Grilled The Farmers Butchers Back Bacon 434Kcal Artisan Roll with Vegan Grilled Sausage Ve 361Kcal Artisan Roll with Sausage Ve 361Kcal Artisan Roll with Vegan Grilled Sausage Ve 361Kcal Artisan Roll with Sausage, Baked Beans 1002Kcal Back Bacon, Pork Sausage, Baked Beans, Choose from either Fried, Poached or Scrambled Egg 607Kcal Artisan Roll with Sausage, Baked Beans 1002Kcal Artisan Roll with Sausage,	Cinnamon Danish V 417Kcal	3.00		
Breakfast Rolls Artisan Roll with The Farmers Butchers Sausage 460Kcal 7.20 Artisan Roll with Grilled The Farmers Butchers Back Bacon 434Kcal 7.20 Artisan Roll with Vegan Grilled Sausage Ve 361Kcal 7.20 Breakfast Wrap, Filled with Fgg, Bacon, Sausage, Mushroom, and a Mature Cheese Slice 520Kcal 8.75 All Day Breakfast Pizza with Slow Roasted Tomato Sauce, Mozzarella, Topped with Sausage, Bacon, Black Pudding, Mushroom and Egg 1016 Kcal 18.00 Full Vegan Ve Vegan Sausage, Tofu Scramble, Hash Brown, Confit Isle of Wight Vine Cherry Tomatoes, Oven roasted Mushrooms, Baked Beans 1002Kcal 14.50 Mini Breakfast Back Bacon, Pork Sausage, Baked Beans, Choose from either Fried, Poached or Scrambled Egg 607Kcal £7.25 Cereal & Yoghurt Muesli 6f 367Kcal 4.60 Country Farm Greek Natural Yogurt with a sclection of Toasted Nuts, Sceds and Fruit V 255Kcal 3.60	French Butter Croissant with assorted		Tomatoes, Oven Roasted Mushrooms 1214Kcal	14.50
Artisan Roll with The Farmers Butchers Sausage 460Kcal Artisan Roll with Grilled The Farmers Butchers Back Bacon 434Kcal Artisan Roll with Vegan Grilled Sausage Ve 361Kcal Artisan Roll with Egg, Bacon, Sausage, Breakfast Wrap, Filled with Egg, Bacon, Sausage, Mushroom, and a Mature Cheese Slice 520Kcal All Day Breakfast Pizza with Slow Roasted Tomato Sauce, Mozzarella, Topped with Sausage, Bacon, Black Pudding, Mushroom and Egg 1016 Kcal Vegan Sausage, Tofu Scramble, Hash Brown, Confit Isle of Wight Vine Cherry Tomatoes, Oven roasted Mushrooms, Baked Beans 1002Kcal I4.50 All Drackfast Back Bacon, Pork Sausage, Baked Beans, Choose from either Fried, Poached or Scrambled Egg 607Kcal Cereal & Yoghurt Mucsli Gf 367Kcal Country Farm Greck Natural Yogurt with a selection of Toasted Nuts, Seeds and Fruit V 255Kcal 3.60	Preserves and Butter V 394Kcal	3.60	Full Vegan Ve	
Artisan Roll with Grilled The Farmers Butchers Back Bacon 434Kcal Artisan Roll with Vegan Grilled Sausage Ve 361Kcal Artisan Roll with Vegan Grilled Sausage Ve 361Kcal Breakfast Wrap, Filled with Egg, Bacon, Sausage, Mushroom, and a Mature Cheese Slice 520Kcal All Day Breakfast Pizza with Slow Roasted Tomato Sauce, Mozzarella, Topped with Sausage, Bacon, Black Pudding, Mushroom and Egg 1016 Kcal Oven roasted Mushrooms, Baked Beans 1002Kcal Find Breakfast Mini Breakfast Back Bacon, Pork Sausage, Baked Beans, Choose from either Fried, Poached or Scrambled Egg 607Kcal Eq. 20 Cereal & Yoghurt Muesli Gf 367Kcal Country Farm Greek Natural Yogurt with a selection of Toasted Nuts, Seeds and Fruit V 255Kcal 3.60	Breakfast Rolls		Vegan Sausage, Tofu Scramble, Hash Brown,	
Artisan Roll with Grilled The Farmers Butchers Back Bacon 434Kcal Artisan Roll with Vegan Grilled Sausage Ve 361Kcal Breakfast Wrap, Filled with Egg, Bacon, Sausage, Mushroom, and a Mature Cheese Slice 520Kcal All Day Breakfast Pizza with Slow Roasted Tomato Sauce, Mozzarella, Topped with Sausage, Bacon, Black Pudding, Mushroom and Egg 1016 Kcal Tomato Sauce, Mozzarella, Topped with Sausage, Bacon, Black Pudding, Mushroom and Egg 1016 Kcal Tomato Sauce, Mozzarella, Topped with Sausage, Bacon, Black Pudding, Mushroom and Egg 1016 Kcal Tomato Sauce, Mozzarella, Topped with Sausage, Bacon, Black Pudding, Mushroom and Egg 1016 Kcal Tomato Sauce, Mozzarella, Topped with Sausage, Bacon, Black Pudding, Mushroom and Egg 1016 Kcal Tomato Sauce, Mozzarella, Topped with Sausage, Bacon, Black Pudding, Mushroom and Egg 1016 Kcal Tomato Sauce, Mozzarella, Topped with Sausage, Bacon, Black Pudding, Mushroom and Egg 1016 Kcal Tomato Sauce, Mozzarella, Topped with Sausage, Bacon, Black Pudding, Mushroom and Egg 1016 Kcal Tomato Sauce, Mozzarella, Topped with Sausage, Bacon, Pork Sausage, Baked Beans, Choose from cither Fried, Poached or Scrambled Egg 607Kcal £7.25	Artisan Roll with The Farmers Butchers Sausage 460Kcal	7.20	·	14.50
Breakfast Wrap, Filled with Egg, Bacon, Sausage, Mushroom, and a Mature Cheese Slice 520Kcal All Day Breakfast Pizza with Slow Roasted Tomato Sauce, Mozzarella, Topped with Sausage, Bacon, Black Pudding, Mushroom and Egg 1016 Kcal Tomato Sauce, Mozzarella, Topped with Sausage, Bacon, Black Pudding, Mushroom and Egg 1016 Kcal Tomato Sauce, Mozzarella, Topped with Sausage, Bacon, Black Pudding, Mushroom and Egg 1016 Kcal Tomato Sauce, Mozzarella, Topped with Sausage, Bacon, Black Pudding, Mushroom and Egg 1016 Kcal Tomato Sauce, Mozzarella, Topped with Sausage, Bacon, Black Pudding, Mushroom and Egg 1016 Kcal Tomato Sauce, Mozzarella, Topped with Sausage, Bacon, Black Pudding, Mushroom and Egg 1016 Kcal Tomato Sauce, Mozzarella, Topped with Sausage, Bacon, Black Pudding, Mushroom and Egg 1016 Kcal Tomato Sauce, Mozzarella, Topped with Sausage, Bacon, Black Pudding, Mushroom and Egg 1016 Kcal Tomato Sauce, Mozzarella, Topped with Sausage, Bacon, Black Pudding, Mushroom and Egg 1016 Kcal Tomato Sauce, Mozzarella, Topped with Sausage, Bacon, Black Pudding, Mushroom and Egg 1016 Kcal Tomato Sauce, Mozzarella, Topped with Sausage, Bacon, Black Pudding, Mushroom and Egg 1016 Kcal		7.20		14.50
Breakfast Wrap, Filled with Egg, Bacon, Sausage, Mushroom, and a Mature Cheese Slice 520Kcal All Day Breakfast Pizza with Slow Roasted Tomato Sauce, Mozzarella, Topped with Sausage, Bacon, Black Pudding, Mushroom and Egg 1016 Kcal 8.75 Cereal & Yoghurt Muesli Gf 367Kcal Country Farm Greek Natural Yogurt with a selection of Toasted Nuts, Seeds and Fruit V 255Kcal 3.60	Artisan Roll with Vegan Grilled Sausage Ve 361Kcal	7.20		C
Tomato Sauce, Mozzarella, Topped with Sausage, Bacon, Black Pudding, Mushroom and Egg 1016 Kcal 18.00 Country Farm Greek Natural Yogurt with a selection of Toasted Nuts, Seeds and Fruit V 255Kcal 3.60		8.75		£.7.25
Bacon, Black Pudding, Mushroom and Egg 1016 Kcal 18.00 18.00 Country Farm Orcck Natural Togurt with a selection of Toasted Nuts, Seeds and Fruit V 255Kcal 3.60	All Day Breakfast Pizza with Slow Roasted		Muesli Gf 367Kcal	4.60
Moma Dlain Domidos Dot CE 222//001		18.00	•	3.60
Wionia Plani Portinge Pot GF 255Ncai			Moma Plain Porridge Pot GF 233Kcal	3.50

15.50

Lunch Starters

Seasonal Soup of the Day served with Freshly Baked Bread 252Kcal	6.60
Southern Fried Chicken Goujons served with a choice of Truffle Mayonnaise, BBQ Sauce or Salsa 528Kcal	6.95

Hampshire Fare Proud of our local provenance

Locally Sourced Ploughman's Lunch of Pork Pie, Sliced Ham, Piccalilli, Coastal Cheese, Isle of Wight 18.00 Tomatoes and Freshly Baked Cottage Roll 981Kcal Our Signature Burger, Owtons, Grass Fed Hampshire Beef Patty, Salad, Tomato and Onion Brioche Bun 485Kcal 17.50 Extras: Smokey Back Bacon Rasher 94Kcal 1.50 Beer Battered Onion Rings Ve 262Kcal 2.25 Monterey Jack Cheese Slice V 220Kcal I.50 Vegan Cheese Ve 218Kcal I.50

Solent Butchers Premium Pork Sausage

served with Mashed Potato, Peas and Onion Gravy 858Kcal

Ask for our Pie of the Day From MAD K of Portsmouth Gf

Serving times 11.30 am - 9.00 pm

MAD K Pies

Steak & Ale 712Kcal, Chicken, Ham & Leek 584Kcal, or Vegetable Curry V 865Kcal all served with Creamy Mash and Traditional Gravy

Mad K Broccoli & Stilton Quiche, with Mixed Side Salad, French Fries and Isle of Wight Smoked Garlic Dressings Gf V 986Kcal

15.50

15.50

Pb*= PLANT BASED Ve*= VEGAN V*= VEGETARIAN Gf = GLUTEN FREE



Adults Need Around 2000 Calories A Day

FOOD ALLERGIES: Due to the nature of our business we cannot guarantee that food prepared on these premises is free from allergenic ingredients. Our dish descriptions do not include all the ingredients used to make the dish. Therefore, if you have a food allergy please speak to a Manager before placing an order.

Full allergen information is available upon request.

* average value, please ask you server if you require the exact calorie count



ARTISAN STONE BAKED PIZZA	AS			
Slow Roasted Tomato Sauce, Mozzarella & Basil V 786Kcal			18.00	
Chilli Beef and Jalapeno Pizza 1187Kcal			18.00	
Smoked Mozzarella, Traditional Pepperoni, Tomato & Bell Pepper Sauce 1760Kcal				
Roasted Pepper, Goats Cheese, Rocket and H	Hot Hone	ey V 1108Kcal	18.00	
MAINS				
Simon Howie Vegan Burger with Red Pepper Tomato & Toasted Brioche Bun Pb Ve 590Kcal	r Houmo	ous, Rocket, Red Onion,	17.50	
Chicken Caesar Burger - Chargrilled Chicken, Baby Gem with Caesar Dressing and Parmesan with Toasted Brioche Bun 625Kcal				
Chilli Bowl, Mild & Smokey Chilli Con Carne with Basmati Rice and Tortilla Chips Gf 774Kcal				
Classic Macaroni Cheese with Mature Cheddar Served with Garlic Bread Slices V 654Kcal Macaroni Toppings - Crispy Bacon 94Kcal, Black Pudding 105Kcal, Pulled Pork 142Kcal				
Breaded Amity Haddock served with Chips, Mushy Peas, House Tartare Sauce and Lemon 832Kcal				
	•	n Toasted Croutons	13.50	
Chicken Jalfrezi, in a Mildly Spiced Tomato Sauce with Peppers and Chickpeas served with Turmeric Scented Rice With Mini Poppadoms 597Kcal				
	ic Scente	ed Rice & Mini Poppadoms V 496 Kcal	15.00	
			3.00	
	ımbai Pa	ta Wada, Punjabi Samosa 419Kcal	4.95	
SIDES		DESSERTS		
Seasoned Fries Ve 578Kcal	4.25	Chocolate Brownie with		
Cajun Spicy Wedges Ve 289Kcal	4.25	Vanilla Ice Cream V 684Kcal	6.50	
Sweet Potato Fries Ve 428Kcal	5.25	New York Style Cheesecake with		
Garlie Pizza Bread V 340Kcal	7.00	Fresh Double Cream V 518Kcal	6.50	
Garlic Pizza Bread with Balsamic Onions		New Forest Ice Cream 498Kcal	3.00	
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	0 0			
BBQ Pulled Pork 720Kcal	6.50			
	6.50			
Grated Mozzarella 698Kcal Extra Topping	5.50			
	Slow Roasted Tomato Sauce, Mozzarella & F. Chilli Beef and Jalapeno Pizza. 1187Kcal Smoked Mozzarella, Traditional Pepperoni, T. Roasted Pepper, Goats Cheese, Rocket and F. MAINS Simon Howie Vegan Burger with Red Pepper Tomato & Toasted Brioche Bun. Pb. Ve. 590Kcal Chicken Caesar Burger - Chargrilled Chicken Caesar Dressing and Parmesan with Toasted Chilli Bowl, Mild & Smokey Chilli Con Carn Classic Macaroni Cheese with Mature Chedd Macaroni Toppings - Crispy Bacon. 94Kcal, Bla Breaded Amity Haddock served with Chips, M. Chicken Caesar Salad, Chargrilled Chicken, I. & Grana Padano with a Caesar dressing. 675Kc Chicken Jalfrezi, in a Mildly Spiced Tomato S. served with Turmeric Scented Rice With Min Quom Thai Style Penang Curry with Turmer SIDES Delhi Garlie Naan V. 112kcal Indian Selection of Gjurati Onion Pakora, Mu SIDES Seasoned Fries Ve. 578Kcal Cajun Spicy Wedges Ve. 289Kcal Sweet Potato Fries Ve. 428Kcal Garlie Pizza Bread V. 340Kcal Garlie Pizza Bread V. 340Kcal Garlie Pizza Bread With Balsamic Onions and Mozzarella. 535Kcal Mixed Leaf Salad with Citrus Dressing V. Gf. 46Kc Dirty Frics includes one topping of your choice from the fc. BBQ Pulled Pork. 720Kcal Chilli Beef. 820Kcal Grated Mozzarella. 698Kcal Grated Mozzarella. 698Kcal	Chilli Beef and Jalapeno Pizza 1187Kcal Smoked Mozzarella, Traditional Pepperoni, Tomato & Roasted Pepper, Goats Cheese, Rocket and Hot Hone MAINS Simon Howie Vegan Burger with Red Pepper Houne Tomato & Toasted Brioche Bun Pb Ve 590Kcal Chicken Caesar Burger - Chargrilled Chicken, Baby C Caesar Dressing and Parmesan with Toasted Brioche Chilli Bowl, Mild & Smokey Chilli Con Carne with B Classie Macaroni Cheese with Mature Cheddar Serve Macaroni Toppings - Crispy Bacon 94Kcal, Black Pude Breaded Amity Haddock served with Chips, Mushy P Chicken Caesar Salad, Chargrilled Chicken, Baby Ger & Grana Padano with a Caesar dressing 675Kcal Chicken Jalfrezi, in a Mildly Spiced Tomato Sauce wit served with Turmeric Scented Rice With Mini Poppac Quorn Thai Style Penang Curry with Turmeric Scente SIDES Delhi Garlic Naan V 112kcal Indian Selection of Gjurati Onion Pakora, Mumbai Pa SIDES Seasoned Fries Ve 578Kcal Cajun Spicy Wedges Ve 289Kcal SiDES Seasoned Fries Ve 428Kcal Garlic Pizza Bread V 340Kcal Garlic Pizza Bread V 340Kcal Garlic Pizza Bread with Balsamic Onions and Mozzarella 535Kcal Mixed Leaf Salad with Citrus Dressing V 6f 46Kcal 5.50 Dirty Fries includes one topping of your choice from the following: BBQ Pulled Pork 720Kcal Chilli Beef 820Kcal Grated Mozzarella 698Kcal 5.50	Slow Roasted Tomato Sauce. Mozzarella & Basil v 786Kal Chilli Beef and Jalapeno Pizza 1187Kal Smoked Mozzarella. Traditional Pepperoni, Tomato & Bell Pepper Sauce 1760Kal Roasted Pepper, Goats Cheese, Rocket and Hot Honey v 1108Kal MAINS Simon Howie Vegan Burger with Red Pepper Houmous, Rocket. Red Onion, Tomato & Toasted Brioche Bun pb ve 590Kal Chicken Caesar Burger - Chargrilled Chicken, Baby Gem with Caesar Dressing and Parmesan with Toasted Brioche Bun 625Kal Chilli Bowl, Mild & Smokey Chilli Con Carne with Basmati Rice and Tortilla Chips 6f 774Kal Classie Maearoni Cheese with Mature Cheddar Served with Garlie Bread Slices v 654Kal Macaroni Toppings - Crispy Bacon 94Kal, Black Pudding 105Kal, Pulled Pork 142Kal Breaded Amity Haddock served with Chips, Mushy Peas, House Tartare Sauce and Lemon 832Kal Chicken Caesar Salad, Chargrilled Chicken, Baby Gem Toasted Croutons & Grana Padano with a Caesar dressing 675Kal Chicken Jalfrezi, in a Mildly Spiced Tomato Sauce with Peppers and Chickepeas served with Turmeric Scented Rice With Mini Poppadoms 597Kal Quorn Thai Style Penang Curry with Turmeric Scented Rice & Mini Poppadoms V 496 Kal SIDES Delhi Garlie Naan V 112kal Indian Selection of Gjurati Onion Pakora, Mumbai Pata Wada. Punjabi Samosa 419Kal SIDES DESSERTS Seasoned Fries Ve 578Kal Agarlie Aydokal Sizea Bread V 340Kal Garlie Pizza Bread V 350Kal Garlie Pizza Bread	

2.25

Extra Topping



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